

Workplace Wellbeing Bulletin

NEWS & VIEWS

Issue 1/11

“ Workplace Mental Health

- **Zen Buddhist monk, Thich Nhat Han, dies at age 95** – Plum Village

Known as the Father of mindfulness, Zen master, author, and activist community passed away on Friday after dedicating a lifetime to promote peace and compassion ...[read more](#)

- **The Healthcare industry expects increasing budget allocation for National Mental Health Program in Union Budget 2022** – Financial Express

The healthcare industry is eyeing a rise in budgetary allocation 2022-23 and encouraging focus on more community-level engagements by the government to deal with the mental health impact of Covid-19 ...[read more](#)

- **Women must prioritize mental health on their way to the top** – Fortune

Women as a whole tend to be twice as likely as men to suffer from depression and anxiety. Discussion of women's mental health has reached a tipping point recently, with concerns over COVID-19 and social injustice ...[read more](#)

2022 Workplace trends

- **4 out of 5 Indians set to change jobs this year** – Times of India

India is indicating to mirror the American phenomenon of the "great reshuffle", 82% of the country's workforce is considering changing jobs in 2022 due to mental health, work-life balance and appreciation ...[read more](#)

- **3 big workplace changes to expect in '22** – Computer World

Amid a lot of recent industry noise about a future "metaverse," there are plenty of more immediate priorities for businesses in 2022 ...[read more](#)

- **My predictions for workplaces in 2022** – NAB News

It's a new year and the human resources function has never been more important - Watch out for the 5 big trends in 2022 ...[read more](#)

